Seattle Sunshine

Choreographer: Carol & George Stayte
Description: 64 count, partner dance

Music: Sunny In Seattle by Blake Shelton

A Week In Juarez by Lonestar 102 bpm

Position: start facing LOD. Sweetheart Position. Same footwork, except were stated Start dancing on lyrics

Beats / Step Description



1/4 CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

- 1-2 Step right forward, turn ¼ left, ILOD
- 3&4 Crossing chassé right, left, right (Release left hands, right hand over lady's head)
- 5-6 Rock to side on left, recover to right
- 7&8 Crossing chassé left, right, left

VINE 1/4 TURN, 1/4, STEP BEHIND, TURN 1/4 WALK FORWARD (TWICE)

- 1-3 Step right to side, cross left behind right, turn 1/4 right and step right forward, LOD
- 4-6 Turn ¼ right and step to side on left, cross right behind left, turn ¼ left and step left forward, LOD

Release left hands, right over lady's head, rejoin hands over lady's shoulders into Indian Position

7-8 Step right forward, step left forward (Side By Side/Sweetheart)

SHUFFLE FORWARD, TWICE (LADY 1/2 TURN) SIDE, BEHIND, (CHANGING SIDES) TRIPLE STEP

- 1&2 Chassé forward right, left, right
- 3&4 Left shuffle forward, left, right, left, (lady: ½ turn shuffle to the right, RLOD) right shoulder to right shoulder Release left hands, keeping right hands low
- 5-6 Step right to side, cross left behind right, (changing sides, lady traveling in front of man,) left shoulder to left shoulder *Release right hands, pick up left hands*
- 7&8 Triple in place right, left, right

ROCK STEP, TRIPLE 1/2 TURN, (TWICE)

- 1-2 Rock left forward, recover to right
- 3&4 Triple turn ½ left, left, right, left, (right shoulder to right shoulder) (Release hands, pick up right hand)
- 5-6 Rock right forward, recover to left
- 7&8 Triple turn ½ right, right, left, right, (left shoulder to left shoulder) (Release hands, pick up left hands)

SIDE BEHIND (LADY 1/2 TURN CHANGING SIDES) TRIPLE STEP, ROCK STEP, SHUFFLE FORWARD

1-2 **MAN:** Step to side on left, cross right behind left

LADY: Turn ¼ left and step left forward, turn ¼ left and step to side on right

Changing sides, lady turning in front of man to man's right side, Lady turning under left hands, rejoin hands intoSweetheart

- 3&4 Triple in place, left, right, left, LOD
- 5-6 Rock right back recover to left
- 7&8 Chassé forward right, left, right

WALK, WALK, SHUFFLE FORWARD, BOX 1/4 TURN, CROSS

- 1,2,3&4 Walk left forward, right, chassé forward left, right, left
- 5-8 Cross right over left, step left back, turn ¼ right on right, cross left over right, OLOD (Into Indian Position)

SIDE ROCK, CROSS SHUFFLE, 1/4 TURN, STEP BACK, SHUFFLE BACK

- 1,2,3&4 Rock right to side, recover to left, crossing chassé right, left, right
- 5,6, 7&8 Turn ¼ right, stepping left back, step right back, RLOD, left shuffle back, left, right, left

TURN 1/4, TOGETHER, 1/4 TURN SHUFFLE, WALK, WALK, SHUFFLE FORWARD

- 1-2 Turn ¼ right on right, slide left together, ILOD (Release left hands, right hands over man's head)
- 3&4 Turn ¼ right on a right shuffle left, right, left, LOD (Rejoin hands into side by side/sweetheart position)
- 5,6,7&8 Walk left forward, right, chassé forward left, right, left

Smile and Begin Again

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